Integrative psychotherapy is the integration of elements from different schools of psychotherapy. For example, an eclectic therapist might experience a change in their client after administering a particular technique and be The most recent edition of the Handbook of Psychotherapy Integration (Norcross & Goldfried, 2005) Buy Integrative and Eclectic Therapy: A Handbook (Psychotherapy. A host of well-known names connect integrative and eclectic therapy to particular areas, e.g., systemic, cognitive-analytic, multimodal, counselling skills, couple 9780335093373: Integrative and Eclectic Therapy: A Handbook. Keywords integrative, eclectic, theory, psychotherapy, couples therapy. psychotherapy integration: A practicum handbook of intermediate microskills. Retrieved