Supporting someone with a mental illness - WebMD

There is no one size fits all model for supporting someone with a mental illness. How you care for a person will depend on you and the person you care for.

Mental health policy is to enable people who have had a severe mental illness to lead relatively independent lives in the community.

Tips on communicating with a person you know that suffers from a mental illness can definitely be challenging. Fortunately, there are many tools you can use that will help.

From the Mental Patient to the Person (Paperback) - Routledge

From the Mental Patient to the Person - Peter Barham Robert Hayward

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